

SUFFOLK GUILD OF RINGERS SOUTH WEST DISTRICT STRIKING COMPETITION 2023

Our 2023 competition will be held at on Saturday 24th June at St. Mary's Church, Polstead. These are an easy-going clockwise ring with a 9-cwt tenor. The competition will start at 3pm, following the draw.

This competition is intended to be a friendly event, helping to improve the standard of our Sunday Service Ringing. It consists of a Call Change Competition and a Method Ringing Competition and is open to **all ringers** in our District.

Rules

1. ENTERING TEAMS. Each Band must consist of at least four regular Sunday Service Ringers at the towers for which they are entering. Joint teams are allowed.
2. ADDITIONAL TEAMS. Towers entering a second team may use up to 4 ringers from their previous team.
3. CALL CHANGES. These should last for four minutes, including the rounds. The first 120 rows will be marked – no penalty points will be allocated
4. METHOD RINGING. Methods should consist of 120 changes of Doubles or Minor (plain hunting, plain courses, an extent or a touch).
5. THE DRAW. This will take place at the start of the competition. Bands not completely assembled, will be placed at the end.
6. PRACTICE PIECE. Each band is allowed up to two minutes practice ringing which will not be marked.
7. WHEN READY. The treble is to be sounded for 4 blows to alert the judges.
8. JUDGES. Independent judges will be appointed, whose decision will be final.

The competition will be followed by a Bring and Share tea (contributions of sandwiches, cakes, and finger food on the day please) and announcement of the results.

We look forward to seeing you.

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Ringing Master SW District

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