SW DISTRICT STRIKING COMPETITION 2024

The 2024 competition will be held on Saturday 22nd June at POLSTEAD. Please note the change of venue. The draw will be at 5pm, not as advertised previously, due to wedding ringing commitments.

This competition is intended to be a friendly event, which helps to improve the standard of our Sunday Service ringing. It consists of a Method Ringing Competition and a Call Change Competition and is open to **all ringers** in our District.

RULES

- 1. ENTERING TEAMS: Each band must consist of at least four regular Sunday Service ringers at the towers for which they are entering. Joint teams are allowed.
- 2. ADDITIONAL TEAMS: Towers entering a second team may use up to four ringers from their previous team.
- 3. CALL CHANGES: These should last for four minutes, including the rounds. The first 120 rows will be marked no penalty points will be allocated.
- 4. METHOD RINGING: Methods should consist of 120 changes of Doubles or Minor (Plain Hunting, Plain Courses, an extent or a touch).
- 5. THE DRAW: This will take place at the start of the competition. Bands not completely assembled will be placed at the end.
- 6. PRACTICE PIECE: Each band is allowed up to two minutes practice ringing, which will not be marked.
- 7. WHEN READY: The treble is to be sounded for four blows to alert the judges.
- 8. JUDGES: Independent judges will be appointed, whose decisions will be final.

The competition will be followed by a **Bring and Share** tea (contributions of sandwiches, cakes and finger food on the day please) and the announcement of the results, with constructive feedback from the judges.

We look forward to seeing you.

Christine Knight (SW District Secretary)

Tel: (01787) 277704

email: mailto:swsecretary@suffolkbells.org.uk